



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

7th-12th Grade Boys Advanced Offensive Skills Workout for STM Boys

Location: STM High School Gym

Cost: \$145 *Online payment can be made at time of registration.*

Athletes will receive Warwick Workout shorts & t-shirt

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Sunday, April 19 th	2:15-3:45
Sunday, April 26 th	2:15-3:45
Sunday, May 3 rd	2:15-3:45
Sunday, May 10 th	2:15-3:45
Sunday, May 17 th	2:15-3:45

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.